

EATING DISORDER RESOURCES

EATING DISORDER HELPLINES

EATING DISORDER HOTLINE	HOTLINE NUMBER
Anorexia Nervosa and Associate Disorders (ANAD)	(630) 577-1330
National Eating Disorders Association (NEDA)	(800) 931-2237
Referrals to Eating Disorder Specialists (US and Canada)	(800) 736-3739
Eating Disorder Hotline	(847) 831-3438
National Institute of Mental Health	(866) 615-6464
Food Addiction Hotline	(800) 872-0088
Dibulimia Helpline (Diabetics with eating disorders)	(425) 985-3635

EATING DISORDER INPATIENT TREATMENT PROGRAMS

SPA	LOCATION	ADDRESS	PHONE
3	BHC Alhambra Psychiatric Hospital	4619 N. Rosemead Blvd, Rosemead, 91770	(626) 286-1191
5	Rosewood Santa Monica	2716 Ocean Park Blvd, 3020, Santa Monica, 90405	(844) 335-0876
8	Del Amo Behavioral Health System	23700 Camino del Sol, Torrance, 90505	(310) 530-1151

EATING DISORDER OUTPATIENT TREATMENT PROGRAMS

SPA	EATING DISORDER PROVIDER	ADDRESS	PHONE
2	The Bella Vita Woodland Hills	22466 Ventura Blvd, Woodland Hills, 91364	(818) 676-1540
3	Fuller Psychological & Family Services	180 N. Oakland Ave, Pasadena, 91101	(626) 584-5555
4	The Bella Vita Los Angeles	766 Colorado Blvd, Los Angeles, 90041	(323) 255-0400
8	Shoreline Center for Eating Disorder Txt	191 Argonne Ave. Ste 3, Long Beach, 90803	(562) 434-6007

EATING DISORDER SUPPORT GROUPS

For additional support groups in your area go to: National Assoc. of Anorexia Nervosa & Assoc. Disorders website at www.anad.org

SPA	SUPPORT GROUP	ADDRESS	PHONE
2	The Bella Vita Woodland Hills	22466 Ventura Blvd, Woodland Hills, 91364	(818) 676-1540
3	Lisa Hoffort, PsyD	595 E. Colorado Blvd. Ste 610, Pasadena, 91101	(818) 430-3054
4	The Bella Vita Los Angeles	766 Colorado Blvd, Los Angeles, 90041	(323) 255-0400
5	The Loving Heart Center	12011 San Vicente Blvd. Ste 408, Los Angeles, 90049	(310) 968-1572
8	Jennifer Teutscher	191 Argonne Ave. #3, Long Beach, 90803	(562) 434-6007

EATING DISORDER 12 STEP SUPPORT GROUPS

Eating Disorder 12 Step meetings can be found throughout L.A. County. For more information on meeting times visit the websites.

NAME OF SUPPORT GROUP	PHONE	WEBSITE
Compulsive Eaters Anonymous San Fernando Valley:	(323) 660-4333 (818)-667-6722	www.valleyhow.org
Eating Disorders Anonymous	(760) 569-0800	www.eatingdisordersanonymous.org
Food Addicts Anonymous	(772) 878-9657	www.foodaddicts.anonymous.org
LA intergroup of Overeaters Anonymous	(323) 653-7652	www.oa.org
Eating Addictions Anonymous – The SANE	(202) 882-6528	www.eatingaddictionsanonymous.org

Additional Treatment Centers

Recovery.com

lists top-rated eating disorder treatment centers in Los Angeles, offering residential, outpatient, and virtual care.

These centers provide individualized care, nutritional therapy, counseling, and specialized programs for teens, adults, athletes, LGBTQ+, and college students.

Users can filter by insurance, location, and treatment type to find the best fit.