



## HEAD START Resources

### Coronavirus Resources

To keep children from getting bored or losing the skills they acquire in Head Start, the following links and documents will be updated with information to guide parents during the coronavirus pandemic. The list includes engaging, fun, and educational activities to support parents while children are out of school. We will continue to update this page with additional resources.

#### Links for Parents, Children, Teachers, Agencies

##### *CDC Coronavirus Self-Checker*

This link to the Centers for Disease Control (CDC) provides information about testing for the virus and an interactive way to review symptoms. However, the CDC also says to call your doctor if you think you have been exposed to the virus and develop a fever and other symptoms, such as cough or difficulty breathing.

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/testing.html>

##### *Nutrition and Food Resources*

Links and information about accessing food resources in LA County.

[Covid19 HSEL Nutrition Resources](#)

##### *Health Resources*

Here's a list of websites and videos about COVID-19 (coronavirus).

[Covid19 HSEL Health Resources](#)

##### *Free Learning Sites*

This list features free education sites with activities for you and your child.

[Free-Educational-Sites](#)

##### *Age of Learning (Educational Resources, Ages 3-12)*

This site provides free at-home access to online learning programs for children and their families. It includes **ABCmouse**, **Adventure Academy**, and **ReadingIQ**. All three programs may be used on computers, tablets, and smartphones. Families may add up to three children per account.

[https://www.ageoflearning.com/school\\_closure\\_pdf/ParentLetter\\_AofL\\_SCHOOL1446.pdf](https://www.ageoflearning.com/school_closure_pdf/ParentLetter_AofL_SCHOOL1446.pdf)

##### *Head Start Resources App*

Stay connected to resources relevant to your role of getting young children ready to succeed. The simple and easy-to-use interface lets you browse collections by topic and much more.

<https://eclkc.ohs.acf.hhs.gov/professional-development/article/head-start-resources-app>

##### *ELOF2GO App*

This resource and go-to guide is for teachers who want to learn more about the Head Start Early Learning Outcomes Framework (ELOF). <https://eclkc.ohs.acf.hhs.gov/school-readiness/article/elof2go-mobile-app>

##### **Resources 3 – 5 years**

##### *PBS Kids*

Making a positive impact on children's lives through curriculum-based entertainment, positive role models and content that nurtures a child's total well-being. <https://pbskids.org/apps/>

##### *Reading Rockets*

A national public media initiative with information and resources on how young kids learn to read, why many struggle, and how caring adults can help. <https://www.readingrockets.org/>

## **Resources Birth – 3 years**

### ***Zero to Three***

Great play ideas for your infant, whether you're looking for games to keep young ones busy or to build baby's language skills. <https://www.zerotothree.org/resources/164-play-activities-for-birth-to-12-months>

### ***Zero to Three – Grandparents Guide***

Here's a guide to what's new and what has stayed the same when it comes to caring for babies and toddlers.

<https://www.zerotothree.org/resources/1985-the-grandparent-guide-what-s-new-what-s-the-same>

## **Resources Birth – 5 Years**

### ***Sesame Street***

Instantly watch Sesame Street clips and play fun, educational games all for free anytime, anywhere.

<https://www.sesamestreet.org/apps>

### ***NAEYC***

The National Association for the Education of Young Children (NAEYC) is a professional membership organization that promotes high-quality early learning for all young children, birth through eight years, by connecting early childhood practice, policy, and research. <https://www.naeyc.org/our-work/families/selecting-apps-support-children>

## **Second Step**

***The Brain Builder*** games support the development of executive function skills, and offer an opportunity for movement and play.

[Dance\\_Double\\_BB\\_Game\\_Family](#)

[My\\_Turn\\_Your\\_Turn\\_BB\\_Game\\_Family](#)

[Mixed\\_Up\\_Rules\\_BB\\_Game\\_Family](#)

***The Feelings and How to Calm Down*** posters will be a familiar visual to children. Parents may use the posters to reinforce and cue empathy and emotion management skills.

[Feelings\\_poster](#)

[Feelings\\_poster\\_Spanish](#)

[How\\_to\\_Calm\\_Down\\_poster](#)

[How\\_to\\_Calm\\_Down\\_poster\\_Spanish](#)

Each Home Link: explains the Second Step weekly theme covered in class, offers a game to play with children, and includes the unit photo with questions for review. We encourage parents to revisit this resource.

[ALL\\_EL\\_Homelinks](#)

[Spanish\\_Home\\_Links\\_ALL](#)

***Second Step Book List*** provides book titles that align with the Second Step weekly themes

[Book List – Committee for Children](#)

***COVID 19 Remote Teaching Guidance*** provides resources for remote learning

[COVID-19-remote-teaching-guidance-phase-1 \(002\)](#)

[covid-19-remote-teaching-guidance-phase-2 \(1\)](#)

More Second Step resources for students and families here: <https://www.secondstep.org/covid19support>

## **Creative Curriculum – Learning Games**

### ***Birth – 12 months***

[LearningGames-1-10](#)

[LearningGames-11-20](#)

[LearningGames-21-30](#)

[LearningGames-31-34](#)

### ***Birth – 12 months (Spanish)***

[LearningGames-Sp-1-10](#)

[LearningGames-Sp-11-20](#)

LearningGames-Sp-21-30  
LearningGames-Sp-31-34

*12 – 24 months*

LearningGames-35-40  
LearningGames-41-50  
LearningGames-51-60  
LearningGames-61-67

*12 – 24 months (Spanish)*

LearningGames-Sp-35-40  
LearningGames-Sp-41-50  
LearningGames-Sp-51-60  
LearningGames-Sp-61-67

*24 – 36 months*

LearningGames-68-70  
LearningGames-71-80  
LearningGames-81-90  
LearningGames-91-100

*24 – 36 months (Spanish)*

LearningGames-Sp-68-70  
LearningGames-Sp-71-80  
LearningGames-Sp-81-90  
LearningGames-Sp-91-100

*36 – 48 months*

LearningGames-101-110  
LearningGames-111-120  
LearningGames-121-130  
LearningGames-131-140  
LearningGames-141-150

*36 – 48 months (Spanish)*

LearningGames-Sp-101-110  
LearningGames-Sp-111-120  
LearningGames-Sp-121-130  
LearningGames-Sp-131-140  
LearningGames-Sp-141-150

*48 – 60 months*

LearningGames-151-160  
LearningGames-161-170  
LearningGames-171-180  
LearningGames-181-190  
LearningGames-191-200

*48 – 60 months (Spanish)*

LearningGames-Sp-151-160  
LearningGames-Sp-161-170  
LearningGames-Sp-171-180  
LearningGames-Sp-181-190  
LearningGames-Sp-191-200